

“OUR 30 DAYS FOR BETTER TOMORROW”

8 September – 8 October 2026

Project idea

The aim of the project is to show students that sustainability is not created through big words or big gestures, but through the small choices we make every day – how we travel to school, what we throw away, how much water and energy we use, how we treat other people, whether we share and reuse things, and whether we take care of nature and our school community.

The project is structured around three stages:

TAKE ACTION – PUT IT INTO PRACTICE – SHOW THE IMPACT

THE TREE OF SMALL DECISIONS

“Great changes start with one small decision.”

Duration:

1 month, concluding on 8 October 2026

Participants:

All students in the school

Location:

Classrooms and school hallway

Collaborating subjects/teachers:

Croatian Language, Science/Biology, Primary Education teachers and class teachers

1. INTRODUCTORY SESSIONS

“CAN ONE SMALL DECISION REALLY MAKE A DIFFERENCE?”

The project begins with a **short, interactive 20–25-minute introductory session** for students.

Instead of a traditional lecture, students are encouraged to think about the impact of their everyday choices.

Opening question: **“What would happen if every student in our school made just ONE small decision every day that was good for people or the planet?”**

Students are then asked:

- How many students are there in our school?
- How many small decisions would that mean in one day?

- How many decisions would that create in one week?
- And how many in three weeks?

For example, if the school has 300 students:

300 small decisions × 15 days = 4,500 decisions.

Main message

“One individual decision may seem too small to make a difference. But 4,500 small decisions are something completely different.”

Through additional introductory sessions, students are introduced to the concept of **sustainable development** and encouraged to understand that sustainability is not only about protecting nature.

The students explore the idea that sustainable development means: **taking care of the world today without destroying the opportunities of the people who will live in it tomorrow.**

Sustainability is presented through three interconnected areas:



THE PLANET



PEOPLE



OUR COMMUNITY AND THE WAY WE LIVE

Students discover that sustainable behaviour includes protecting nature and biodiversity, reducing waste, saving water and energy, preventing food waste, reusing materials, helping others, sharing, and taking responsibility for the community in which we live.

2. PROJECT OBJECTIVES

Objective 1 – BECOME AWARE

Students will recognise how their everyday decisions affect:

- the environment
- other people
- their school community.

Objective 2 – MAKE A DECISION

Each student will choose **one small, realistic sustainable action** that they can genuinely carry out in their everyday life.

The emphasis is not on perfection. **The goal is to choose something achievable and meaningful.**

Objective 3 – TURN A DECISION INTO ACTION

Students will put their chosen decision into practice and monitor their progress throughout the project.

Objective 4 – UNDERSTAND THE POWER OF COMMUNITY

Students will experience how their individual actions become part of a larger collective effort.

They will see that hundreds of small actions, when combined, can create a visible and meaningful result.

Objective 5 – ENCOURAGE LONG-TERM CHANGE

At the end of the project, students will reflect on their experience and answer the question:

“Will I continue this decision after the project ends?”

The ultimate aim is to transform a one-month activity into **lasting everyday habits**.

3. STUDENT “SMALL DECISION” IDEA MENU

Students can choose one of the suggested actions below or come up with **their own sustainable idea**.

FOR THE PLANET

- Walk or cycle to school whenever possible.
- Use a reusable water bottle.
- Turn off unnecessary lights.
- Turn off the tap while brushing your teeth.
- Reduce the use of single-use plastic.
- Sort waste correctly.
- Avoid wasting food.
- Plant or take care of a plant.
- Reuse something instead of throwing it away.
- Repair or repurpose an item instead of immediately replacing it.

FOR PEOPLE

- Help someone without expecting a reward.
- Include a student who is alone.
- Say something kind to someone.
- Help your parents with a household task.
- Listen carefully when someone needs to talk.
- Do a good deed without telling anyone.
- Share something with someone who needs it.

- Make someone's day a little better.

FOR OUR SCHOOL COMMUNITY

- Pick up litter even when it is not yours.
- Take care of school equipment and shared spaces.
- Turn off computers and other devices after use.
- Use water responsibly.
- Keep the classroom and school spaces tidy.
- Help a younger student.
- Reuse school materials whenever possible.
- Encourage others to make sustainable choices.

4. THE FINAL PART – CREATING THE TREE

The central visual element of the project is **The Tree of Small Decisions**, which gradually grows throughout the month.

The tree will be displayed in a visible area of the school hallway so that students, teachers and visitors can follow its growth.

WEEK 1 – THE SEED

The students make their individual sustainable decisions.

At the beginning, the school hallway contains only the **trunk and a few branches**.

Each student's decision is represented by a small **seed, leaf or paper element** containing their actual sustainable action.

The tree begins to grow.

WEEK 2 – GROWTH

More and more leaves are added to the tree as students put their decisions into practice.

The school can display the growing number of sustainable actions:

 **127 decisions**

 **286 decisions**

 **431 decisions**

612 decisions

The numbers are used to visualise the collective impact of individual actions.

There is **no competition between students or classes**.

The message is:

“We are not competing to see who is the best. We are growing the same tree.”

WEEK 3 AND 4 – THE TREE

The tree continues to grow until it becomes a large collective artwork.

By the end of the project, it can contain **hundreds of leaves**, with each leaf representing a real decision and action taken by one student.

The individual decisions remain visible, allowing everyone in the school to see the diversity of ways in which sustainability can become part of everyday life.

At the top of the tree, the final message will read:

“GREAT CHANGES GROW FROM SMALL DECISIONS.”

„NAŠIH 30 DANA ZA PLANET“

8. 9. – 8. 10.

Ideja projekta je pokazati učenicima da održivost ne nastaje velikim riječima nego svakodnevnim malim izborima – kako dolazimo u školu, što bacamo, koliko vode trošimo, kako razgovaramo s drugima, dijelimo li stvari i brinemo li o prirodi.

trodijelni projekt: POKRENI – PROVEDI – POKAŽI.

STABLO MALIH ODLUKA

„Velike promjene počinju jednom malom odlukom.“

Trajanje: 1 mjesec završno s 8.10.2026.

Sudionici: učenici cijele škole

Mjesto: učionice + školski hodnik

Suradnici: Hrvatski jezik, Priroda/Biologija, razredna nastava, razrednici

1. UVODNA PREDAVANJA – „MOŽE LI JEDNA MALA ODLUKA NEŠTO PROMIJENITI?“

Kratko, **interaktivno predavanje od 20–25 minuta**

Početak – pitanje koje ih „uhvati“ - „**Što bi se dogodilo kada bi svaki učenik naše škole svaki dan donio samo JEDNU malu odluku koja je dobra za ljude ili planet?**“

- Koliko učenika imamo u školi?
- Koliko je to odluka dnevno?
- Koliko bi ih bilo za tjedan dana?
- A za tri tjedna?

Npr. ako škola ima 300 učenika: **300 malih odluka × 15 dana = 4.500 odluka.**

GLAVNA PORUKA: „Pojedinačna odluka možda izgleda premala da bi nešto promijenila. Ali 4.500 malih odluka već je nešto drugo.“

U drugim predavanjima pojasniti učenicima što sve uključuje održivi razvoj uz poruku da **brinemo o svijetu danas, a da ga ne uništimo ljudima koji će živjeti sutra.**

4. JASNI CILJEVI PROJEKTA

Cilj 1 – POSTATI SVJESTAN

Učenik će prepoznati kako njegove svakodnevne odluke utječu na:

- okoliš
- druge ljude
- školsku zajednicu.

Cilj 2 – DONIJETI ODLUKU

Svaki učenik će odabrati **jednu malu održivu odluku** koju realno može provesti.

Važno: **ne želimo savršenstvo.** Želimo nešto što učenik stvarno može napraviti.

Cilj 3 – PRETVORITI ODLUKU U DJELOVANJE

Učenik će tijekom tri tjedna pratiti i bilježiti svoju odluku.

Cilj 4 – SHVATITI SNAGU ZAJEDNICE

Učenik će vidjeti da njegova mala odluka postaje dio velike zajedničke akcije.

Cilj 5 – POTAKNUTI TRAJNU PROMJENU

Na kraju projekta učenik će razmisliti:

„Hoću li ovu odluku nastaviti provoditi i nakon završetka projekta?“

IZBORNİK IDEJA ZA UČENIKE (s tim da mogu sami sudjelovati s vlastitim idejama)

PLANET

- doći pješice ili biciklom kada mogu
- koristiti bocu za višekratnu uporabu
- ugasiti nepotrebno svjetlo
- zatvoriti vodu dok peru zube
- smanjiti korištenje plastike
- pravilno razvrstati otpad
- ne bacati hranu
- posaditi ili njegovati biljku
- ponovno iskoristiti nešto umjesto da ga bacim.

LJUDI

- pomoći nekome bez očekivanja nagrade
- uključiti učenika koji je sam
- nekome reći nešto lijepo
- pomoći roditeljima u nekom poslu
- saslušati nekoga
- učiniti dobro djelo bez da ikome kažem.

ŠKOLA

- pokupiti otpad koji nije moj
- čuvati školski inventar
- ugasiti računalo nakon korištenja
- paziti na vodu
- pospremiti prostor koji koristimo
- pomoći mlađem učeniku.

ZAVRŠNI DIO – STVARANJE STABLA

Prvi tjedan – SJEME

Učenici donose svoje odluke.

Na hodniku imate samo **deblo i nekoliko grana**.

Svaka nova odluka postaje jedno malo **sjeme** ili listić.

Drugi tjedan – RAST

Na stablo dolaze novi listovi. Predstavljaju se brojke.

-  127 odluka
-  286 odluka
-  431 odluka
-  612 odluka

Ali bez natjecanja između učenika ili razreda uz poruku: „**Ne natječemo se tko je najbolji. Gradimo isto stablo.**“

Treći tjedan – STABLO

Stablo postaje sve veće. Na kraju na njemu mogu biti **stotine listova**, a svaki predstavlja stvarnu odluku nekog učenika. Odluke su na listićima i zapisane.

Na vrhu stabla će stajati natpis:

„VELIKE PROMJENE RASTU IZ MALIH ODLUKA.“